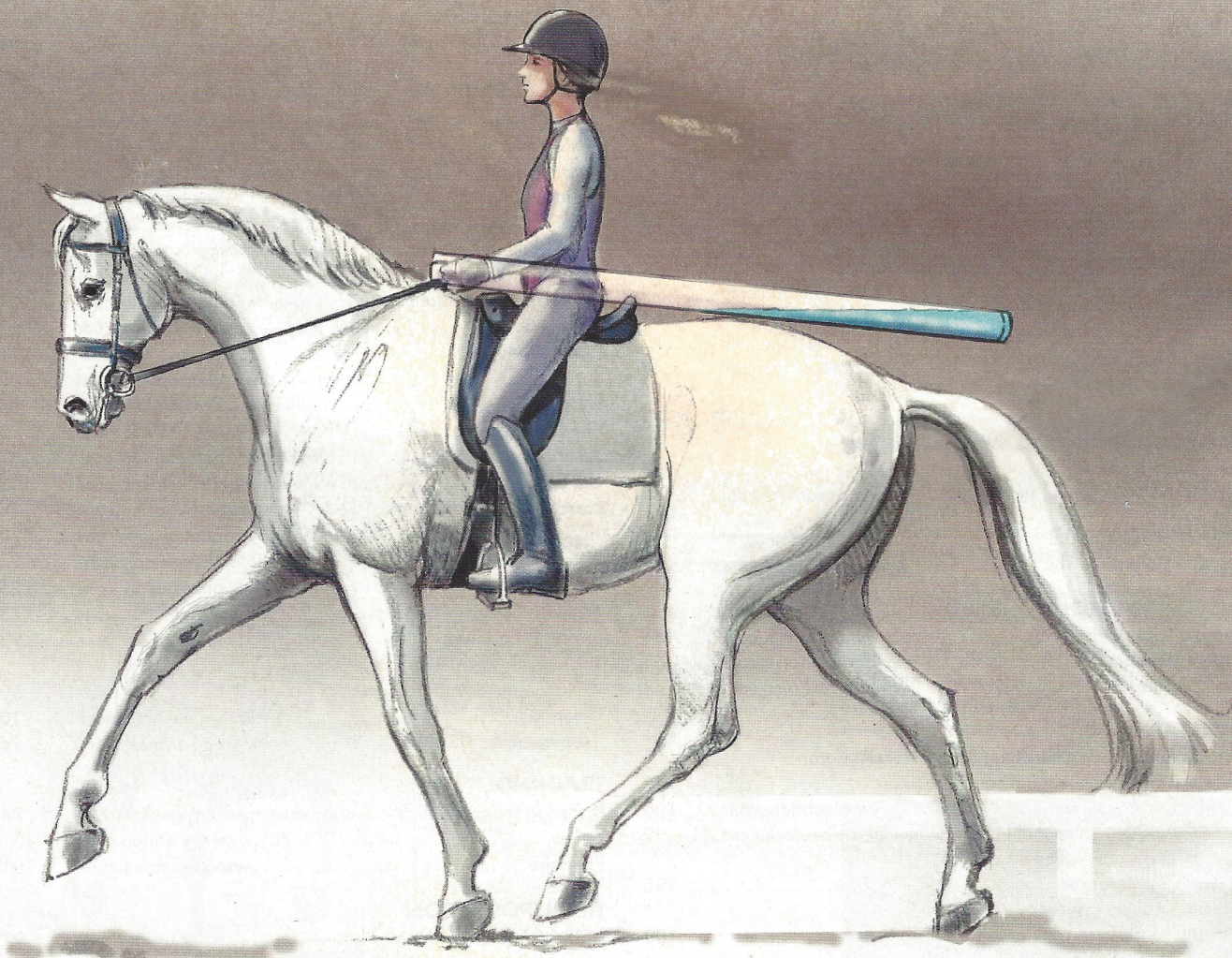


To get a feel for true lightening of the forehand in collection ...

Imagine a long pipe half filled with water resting on your horse's back. In correct collection (when the horse rotates his pelvis under and down), he lowers his haunches, causing the water to flow to the rear of the pipe. This transfer of weight toward the haunches allows his forehand to lighten.—Anne Crowell

Anne Crowell has a degree in engineering from California State University. Currently, she is a graduate student in applied physics at George Mason University and a member of the American Society of Biomechanics. She was introduced to dressage by a student of Charles de Kunffy and later became a saddle fitter trained by the UK Society of Master Saddlers. She now works with several companies and lives with her husband and three daughters in Northern Virginia (adcsaddlery.com).



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